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proudly present

# COELIAC DISEASE ANNUAL REVIEW - QIP

NICE guideline [NG20] **Coeliac disease: recognition, assessment, and management** say *Arrange for a person with confirmed coeliac disease to be reviewed at least annually in primary care.*


- Advise that the only effective treatment for coeliac disease is long-term adherence to a gluten-free diet
- Provide advice on sources of information and support
- Assess for any persistent or recurrent symptoms of coeliac disease despite self-reported adherence to a gluten-free diet
- Assess for any associated depression, anxiety, and/or eating disorder and manage appropriately
- Monitor body weight, height, and body mass index (BMI)
- Consider arranging annual blood monitoring
- Arrange referral to a dietitian, depending on clinical judgement
- Arrange referral to an appropriate specialist, the urgency depending on clinical judgement
- Offer influenza, meningococcal, and pneumococcal immunizations, if indicated, for people with hyposplenism

### Rationale for QIP:

There is no system of notifying patients with coeliac disease about need for an annual review or formal monitoring.

**Feb 2021**

Number of patients:	<b>54</b>
Number of patients <18y:	<b>7 (20.4%)</b>
Coeliac UK Membership signposted:	<b>8/47 (17.0%)</b>
Invite for annual review:	<b>1/47 (%)</b>
Coeliac Disease reviewed:	<b>8/47 (17.0%)</b>



**COELIAC DISEASE ANNUAL REVIEW CHECKLIST: ADULTS**

**May 2022**

**Coeliac Awareness Week 09-15/05/2022 : recalls in a birthday month started**





It is important to have an annual coeliac disease review so that you know it is under control. You can reach out to Coeliac UK Helpline 0333 3022 2033 or coeliac.org.uk for additional support.



**Jul 2022**

Number of patients:	<b>56</b>
Number of patients <18y:	<b>9 (%)</b>
Coeliac UK Membership signposted:	<b>47/47 (100%)</b>
Invite for annual review:	<b>47/47 (100%)</b>
Coeliac Disease reviewed:	<b>we will see!</b>

**Aug 2023**

Number of patients:	<b>62</b>
Number of patients <18y:	<b>10 (%)</b>
Coeliac UK Membership signposted:	<b>46/52 (85%)</b>
Invite for annual review:	<b>46/46 (100%)</b>
Coeliac Disease reviewed:	<b>14/46 (30.4%)</b>

