



# ADULT CARE WORKER Apprenticeship

## All you need to know



## Adult Care Worker Apprenticeship

The role of an Adult Care Worker is to be the frontline employees who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives which is at the heart of person centred care.

To work in care is to make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges. Adult Care Workers need to have the right values and behaviours developing competences and skills to provide high quality compassionate care and support.

Job roles are varied and determined by and relevant to the type of the service being provided and the person supported. Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres, a person's own home or some clinical healthcare settings

Access Training will work with you to design a training package covering all the essential skills, behaviours and knowledge to provide a quality Adult Care Worker.

## What's Involved?

Apprentices will gain a good understanding of the key responsibilities and skills needed to work successfully in this role including:

- *Care Certificate*
- *Professional boundaries and limits of their training and expertise*
- *How to identify, respond to and escalate changes to physical, social, and emotional needs of individuals*
- *The importance of having the right values and behaviours*
- *The importance of communication*
- *How to support individuals to remain safe from harm (Safeguarding)*
- *How to promote health and wellbeing for the individuals they support and work colleagues*
- *How to work professionally, including their own professional development*
- *Treating people with respect and dignity and honouring their human rights*
- *Communicating clearly and responsibly*
- *Supporting individuals to remain safe from harm (Safeguarding)*
- *Championing health and wellbeing for the individuals they support and for work colleagues*
- *Working professionally and seeking to develop their own professional development*
- *Maths and English Functional skills to level 2 \**
- *\*if not already achieved*

# More about Apprenticeships

An Apprenticeships is a real job with an accompanying skills development programme. It is a way to earn while they learn and gain valuable skills and knowledge in a specific job role.

They must spend at least 20% of their time on off-the-job training which will consist of a wide mix of learning in the workplace, workshops, e-learning, mentoring, self-study and the opportunity to practise new skills at work. Apprenticeships typically last between 12 – 24 months and our roll-on, roll-off model means there is no waiting for course start dates.

## THE 6 STEP APPRENTICESHIP JOURNEY



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