



Practice Nurse News

Meet the team

Welcome to the Nottingham and Nottinghamshire ICS Practice Nurse Newsletter. This is for all nursing team members in all practices across our four places: Nottingham City, Mid Notts, South Notts and Bassetlaw. This newsletter is developed by your three PCN Lead Nurses.



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Forums

Practice nurse forum- held quarterly. The next forum is 27 June 2024 at 1pm. This is a space for you to hear updates and news and to share ideas and challenges. We would love as many practice nurses, nursing associates, HCA's and phlebos to attend as possible -

[Click here to join the meeting](#) (Meeting ID: 375 581 566 209, passcode: QnYm7y)

Lead nurse forum- held bi-monthly for lead nurses. Next date 23 May 2023 at 1pm. Join us for support in your leadership role, practical teaching and shared support for leading a team.

[Click here to join the meeting](#) (Meeting ID: 368 664 486 104
Passcode: hUZPiX)



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LEAD NURSE FOREWORD

What an incredible day we had at the GPN conference. Our vision was to create an event that was informative, showcased health improvement innovation, celebrated general practice nurses and provided lots of networking opportunities that facilitated inspiring conversations. I think its safe to say, we smashed it!

Huge thanks to all our speakers who presented some incredibly inspiring stories of their aims, experiences and achievements in improving the health

of our population, despite the daily challenges primary care brings.

We heard about the GPN strategy and invited delegates to tell us what they want to see in the strategy and how it can best reflect the needs of our localities. Your feedback will help to shape the strategy.

Thanks again to all who attended and supported, making this event a huge success.

We look forward to the next one!

“Great turnout for GPN conference 2024– Thank you for being a part of the day.”

EVENTS

We loved the GPN conference so much we are doing it all again!!

Watch out for news about our next conference at the end of November 2024.

This conference will have a focus on education, especially managing long term conditions and ageing well.

The Malawian UK Nurse Association Conference Friday 28th June 2024, at the Marcus Garvey Centre in Nottingham from 9:30-16:00.

Info@muna.org.uk

Sala 07377461667

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ALL THE LATEST ACROSS THE ICS

THANK YOU for all those who completed our **GPN survey**. We had 115 responses. We will analyse the findings and let you know the results. We plan to share the information, your insights and what you said about the challenges in your role with the clinical leaders across the Nottingham and Nottinghamshire ICS.

Did you know that the ICS has set out the **NHS JOINT FORWARD PLAN for 2023-2027**? This strategy retains 3 strategic principles:

PREVENTION is better than cure

EQUITY in everything

INTEGRATION by default

The NHS focus areas are:

1. Prevention: Reduce physical and mental illness and disease prevalence
2. Proactive management of long-term conditions and frailty
3. Improve navigation and flow to reduce emergency pressures
4. Timely access and early diagnosis for cancer/ planned care

You can read more here: [NHS Joint Forward Plan - NHS Nottingham and Nottinghamshire ICS](#) - [NHS Nottingham and Nottinghamshire ICS](#)



Some of our award winners and runners up!

SPOTLIGHT FEATURE

NURSE AWARD WINNERS GPN conference 2024!

New to practice Winner– Jessica Morgan

A determined, caring and compassionate colleague who demonstrated resilience and determination to complete the De Montfort programme, despite personal challenges.

Education Winner– Hollie Bloom

Consistently demonstrated commitment to the development of herself and others. Generous with her time, identifies learning needs and responds in a positive way

Innovation Winner– Darren Beaman

Set up care home visiting and support service, adapting his approach to the needs of the practice and care homes and finds solutions to the organisational problems he faces.

Leadership Winner– Sharon Smithurst

A guiding light, makes each person a better version of themselves. She is the backbone and foundation to her workplace, providing mentorship, leadership and training, she encompasses the NMC code.

Above and beyond Winner- Shelley Herbert

Supported the covid mass vaccination programme, Partners Health enhanced access and the Rushcliffe Proactive Care Pilot, supporting frail patients in the community. Shelley is 110% patient centred in her care approach and a credit to nursing.

GUIDELINE UPDATES

[Overview | Endometriosis: diagnosis and management | Guidance | NICE](#)

[Overview | Vitamin B12 deficiency in over 16s: diagnosis and management | Guidance | NICE](#)

[Overview | Cardiovascular disease: risk assessment and reduction, including lipid modification | Guidance | NICE](#)

[type-2-diabetes-guideline.pdf \(nottsapc.nhs.uk\)](#)



CONTINUING PROFESSIONAL DEVELOPMENT (CPD)



Children and young people's asthma training is available via e-lfh website. This offers tier 2 and 3 training that you can access. [NHSE elfh Hub \(e-lfh.org.uk\)](https://www.e-lfh.org.uk)



NOTTINGHAMSHIRE
ALLIANCE TRAINING HUB

[Events | Nottinghamshire Alliance Training Hub \(NATH\) \(nottstraininghub.nhs.uk\)](#)



Download the **Grow Notts PC** app for up to date news and info on training opportunities.



Primary Care Development Centre - see courses available at the [PCDC Portal](#)



'take responsibility for continuous self-reflection, seeking and responding to support and feedback to develop their professional knowledge and skills' (NMC)

USEFUL LINKS

Vaccine update- [Vaccine update - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

Screening and immunisation update- email alison.campbell@nhs.net to be added to the distribution list.

NATH-email notts.traininghub@gmail.com to be added to the distribution list.

Prescribing hints and tips for non-medical prescribers- email laura.catt@nhs.net to be added to the distribution list

BNF online- [BNF \(British National Formulary\) | NICE](#)

Green Book online- [Immunisation against infectious disease - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

NICE Primary Care updates- [Subscribe to update for primary care | NICE newsletters and alerts | News | NICE](#)

eLfh- [Home - elearning for healthcare \(e-lfh.org.uk\)](https://www.e-lfh.org.uk)

PCDC- [Clinical & Non-Clinical Training in Nottingham | PCDC](#)

CDEP (Cambridge diabetes education programme)- [Cambridge Diabetes Education Programme | competency-based platform \(cdep.org.uk\)](https://www.cdep.org.uk)

Research- Contact Jane Coleman or Ed Longridge for further information and support. jane.coleman6@nhs.net ed.longridge@nhs.net

