



## Developing Structured Medication Reviews

This is aimed at GP pharmacists (and their GP peers / mentors) who are:

- ✓ Independent prescribers
- ✓ Conducting structured medication reviews (SMRs)
- ✓ Needing to expand their skills and knowledge to provide further patient care and increase contributions to the GP team

### How do I identify what areas to develop?

- **What are you seeing a lot of in your SMRs?** Such a high dose PPIs or Hba1cs > 63.
- **Which conditions are prevalent in your patient population?** Such as, asthma, depression.
- **Are there any skill / knowledge gaps within the GP team?**
- **What areas are 'time-efficient'?** Such as statin for primary prevention.

A suggested list of areas for development is available [here](#).

⇒ **Have a discussion with your GP mentor about what areas to prioritise.**

### I have completed my SMART objectives - what do I do next?

⇒ **Reflect on your levels of competency with your GP support / pharmacist mentor**

Do you need any further support / training?

Look to putting in mechanisms to reflect and continually update competence using potentially:

- Planned / unplanned reflective case discussions
- Scheduled audit(s)
- GP / patient feedback

### Plan - what do I do next?

⇒ **With support from your GP / pharmacist mentors develop relevant SMART objectives**

This may include:

- Relevant reading - for example, of guidelines
- Writing a clinical management plan (CMP)
- Attending training / workshops
- Shadowing clinicians
- Reflecting and discussing relevant cases
- Completing a training log

### Action agreed SMART objectives

### Example in practice

SP is new to general practice from hospital.

She has started completing SMRs but does not feel confident in using her IP qualification to make changes. Due to COVID there are a lot of patients on antidepressants; SP and her GP prioritise their optimisation.

With support, SP completes and reflects on the following:

- Reading NICE and local guidance, completing CPPE online training and shadowing mental health nurse
- Completing a log of 10 patients where SP reviews and then it is discussed with GP
- Develops a CMP for use in practice

SP now feels **a lot** more confident reviewing anti-depressants, and has successfully tapered, stopped and increased current medication.

### Further information

Supervision resources and development templates are available on the [NATH website](#).