



MPSU: Our One Year Celebration!

One Year Celebration!

In September, our team will be celebrating our one-year anniversary! The Multi-Professional Support Unit (MPSU) was set up to support the professional development of our increasing and diverse primary care workforce. See the next page for an overview of what we have delivered in the last year!

Upcoming programme for Autumn

In addition to our regular supervision and appraisal training we are looking to deliver an exciting programme of training and Continuous Professional Development (CPD) events including:

[Fit Notes – Hints and Tips](#)

Aimed at supporting pharmacists, nurses, physiotherapists and occupational therapists who are looking to becoming competent in fit note issuing.

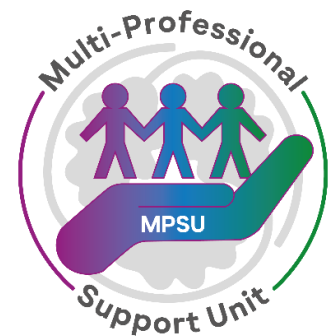
[The Role of the Cancer Information and Support Service](#)

Find out about the Macmillan team and how they may best used to support cancer and palliative care patients.

[Mental Health in Primary Care Part 1](#)

[Mental Health in Primary Care Part 2](#)

These new to practice sessions are aimed at social prescribers, and health and wellbeing coaches to introduce them to commonly encountered mental health conditions, improving their support.



Meet our new app!

This month meet:



The Nottinghamshire Alliance
Training Hub FREE App:

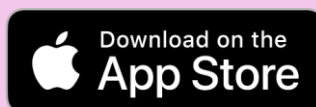
Grow Notts Primary Care

GrowNottsPC App – The Single Point of Access App is here!

- Looking for relevant CPD?
- Searching for career development opportunities?
- Want to keep up to date with funding, education and news without having to wade through a full inbox of emails?

If so - this app is for you!

The FREE 'Grow Notts Primary Care' App is here to link you to the best of CPD, opportunities and information in the convenience of an app. This will save you time whilst planning your career and education.



Apple® and Apple logo® are trademarks of Apple Inc. Google Play and the Google Play logo are trademarks of Google LLC.

Multi-Professional Support Unit Our **One Year** Celebration!

32

Events hosted

★ **397** ★
Attendees

SIGN-UP!

49% Heard from email / NATH Newsletter

29% from word of mouth

SUBSCRIBE!



80+

Different roles from our Notts multi-disciplinary team!



How our events have supported your learning and development

I learnt that the importance of good supervision and regular supervision is paramount in employees' morale, preventing burnout, and promoting wellbeing and productivity in the workplace.



Clinical Supervision Course

I will implement more structured clinical supervision time.

I learnt about the framework for personal development using a reflective process which should cover the 4 domains.

I will gather supporting information for my own appraisal but also encourage appraisees to do the same.



New Appraiser: Introduction to Appraising

I learnt where to go for information in all areas of GP surgeries.

I will remember that everyone has their own responsibilities, but we need to work together as a team as well. Everyone is valued.

New to Practice: Who does what in a GP Practice?



I learnt to consider different team members i.e., thinkers vs feelers, and how some people have a preference, and how this impacts on them receiving or understanding when communicating to them.

I will think about the team a bit more and tailor approaches on an individual basis.



Foundation Leadership and Management: Communicating with Colleagues

I learnt knowledge around the purpose of acronyms, e.g., ICP. Also, I understood the purpose of mixing primary and social care together. Great update on the CCG for April 2022.

I will make sure I shadow the reception team at my GP practices if possible.



Integrated CPD: Overview of the Structure of Primary Care and the Local NHS

