



Professional Nurse Advocates (PNAs) in General Practice

How can a PNA help you?



Here are **8 ways** a PNA can support you:

Facilitate restorative clinical supervision **1**

Provide effective leadership **2**

Support staff to advance skills through education **3**

Actively Listen and support colleagues **4**

Develop trusting relationship to help advocate for others **5**

Offer professional compassion and support **6**

Understand the challenges and demands of staff **7**

Support staff to undertake quality improvement work **8**

Benefits to staff



Restorative Clinical Supervision



- A safe space
- Group or 1-2-1 sessions
- Provide check-ins
- Discuss themes and issues
- Create an action plan
- Open and honest confidential conversations
- Time to reflect
- Build resilience

Staff wellbeing



- Monitoring, evaluation and quality control
- Clinical supervision
- Personal action for quality improvement
- Education and development

Sessions available!



If you are interested in any information regarding the PNA role or wish to undertake restorative supervision, please contact: alliance.hub1@nhs.net

A-Equip Model

Advocating for education and quality improvement